



Henna Toppinen

Nationality: Finnish **Date of birth:** 05/08/1997 **Gender:** Female

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Home: Agios Isidoros, 84600 Mykonos (Greece)

Other: Piilolankuja 3 B6, 40600 Jyväskylä (Finland)

WORK EXPERIENCE

Assistant researcher

National Observatory of Athens [01/08/2024 – Current]

City: Athens | Country: Greece

- Energy transitions and utilisation of solar power plants in society
- Project management tasks

Trainee

City of Kuopio regional environmental protection services [08/05/2023 – 07/08/2023]

City: Kuopio | Country: Finland

- Administrative and support service tasks
- Carrying out a waste management survey for car maintenance and repair operations and environmental inspections

Trainee

UPM Kymmene Corporation Forest [01/05/2022 – 30/07/2022]

City: Helsinki | Country: Finland

- Master's thesis: "From retention trees to decaying trees"
- Including independent field work, data analysing and interpretation of results

University research assistant

University of Eastern Finland [01/05/2019 – 30/06/2019]

City: Kuopio | Country: Finland

- Administrative and support service tasks, e.g. assisting research by measuring BVOC emissions

Sykettä exercise instructor

Savonia University of Applied Sciences Student Union [01/08/2022 – 30/05/2024]

City: Kuopio | Country: Finland

- Planning and guiding group exercise (e.g. spinning classes, body pump and body maintenance)

Child exercise instructor

Kurkimäen Kuntoilijat Ry [05/10/2022 – 24/05/2023]

City: Kuopio | Country: Finland

- Planning and guiding group exercise for children ages 3-4 and 5-6

Cleaner

Sol Palvelut Oy [08/02/2019 – 30/08/2021]

City: Kuopio | Country: Finland

- Cleaning services

Restaurant Worker

StaffPoint Ltd [12/08/2014 – 30/07/2019]

City: Jyväskylä | Country: Finland

- assistant chef
- line waiter
- catering
- customer service

EDUCATION AND TRAINING

General upper secondary school syllabus and the Matriculation Examination

Jyväskylän Lyseo Harju location high school [12/08/2013 – 04/06/2016]

City: Jyväskylä | Country: Finland | Website: <https://www.gradia.fi/yhteystiedot/toimipisteet-ja-kartat> | Level in EQF: EQF level 4

Basic study module for non-commissioned officers

Finnish Air Force Academy [04/07/2016 – 07/06/2017]

City: Jyväskylä | Country: Finland | Website: <https://ilmavoimat.fi/ilmasotakoulu> | Level in EQF: EQF level 4

Bachelor's degree

University of Eastern Finland [05/09/2017 – 19/01/2021]

City: Kuopio | Country: Finland | Website: <https://www.uef.fi/fi> | Level in EQF: EQF level 6

Master's degree

University of Eastern Finland [12/01/2021 – 24/03/2024]

City: Kuopio | Country: Finland | Website: <https://www.uef.fi/fi> | Level in EQF: EQF level 7

LANGUAGE SKILLS

Mother tongue(s): Finnish

Other language(s):

English

LISTENING C2 **READING** C1 **WRITING** C1

SPOKEN PRODUCTION C1 **SPOKEN INTERACTION** C1

Swedish

LISTENING B1 **READING** B1 **WRITING** B1

SPOKEN PRODUCTION B1 **SPOKEN INTERACTION** B1

German

LISTENING A1 **READING** A1 **WRITING** A1

SPOKEN PRODUCTION A1 **SPOKEN INTERACTION** A1

Levels: A1 and A2: Basic user - B1 and B2: Independent user - C1 and C2: Proficient user

DIGITAL SKILLS

Microsoft Excel / Microsoft Office / Google Drive / Skype / Zoom / Social Media / PVGIS / ArcGIS Desktop/Pro (advanced) / Copernicus / Proficient in the use of SPSS, ArcGIS

DRIVING LICENCE

Driving Licence: AM

Driving Licence: B